



## Sailing School

### Accredited Yachting Australia Training Centre

Welcome to Eastcoast Sailing School. Yachting Australia accredited lessons with our friendly instructors will help you become more skilled and confident when you're out on the water.

Our Introduction to Sail, Competent Crew, Racing & Spinnaker, Inshore Skipper and Safety & Sea Survival courses are now available. Please contact us for more information or to book your place on 1300 883 023 or [info@eastcoastsailing.com.au](mailto:info@eastcoastsailing.com.au)

### Introduction to Sail

Our Introduction to Sail program involves an exciting day out on Sydney Harbour learning the basics of sail handling and steering. No prior sailing experience is required. A great fun day, this course gives you a taste of sailing and the opportunity to learn some basic principals. The course covers:

- ⚙ Personal Safety
- ⚙ Ropework
- ⚙ Adjusting the sails
- ⚙ Wind and boat direction
- ⚙ The compass and the chart
- ⚙ Steering the yacht

Our students board our yacht at Kirribilli at 8.45 am, returning at 3.45pm. Students bring their own lunch, sunscreen and a hat is recommended. We will provide bottled water and wet weather jackets. On completion you will receive a Yachting Australia course completion certificate. Cost is \$180 per person, or \$195 including lunch.

