



Sailing School

Accredited Yachting Australia Training Centre

Welcome to Eastcoast Sailing School. Yachting Australia accredited lessons with our friendly instructors will help you become more skilled and confident when you're out on the water.

Our Introduction to Sail, Competent Crew, Racing & Spinnaker, Inshore Skipper and Safety & Sea Survival courses are now available. Please contact us for more information or to book your place on 1300 883 023 or info@eastcoastsailing.com.au

Inshore Skipper – (Theory and Practical)

Whether you are interested in day sailing with family and friends aboard your own yacht, or plan to crew or skipper on longer passages, our Inshore Skipper course provides you with all the essentials to ensure an enjoyable and safe voyage. Students must first complete their Competent Crew certificate and have a minimum of 300 nautical miles logged over 180 hours of sailing time. The course is very informative and often a pre-requisite for anyone planning to hire a bareboat. The course covers:

- ⊗ Preparing a yacht for sea
- ⊗ Anchoring, mooring and berthing
- ⊗ Recovery of man overboard and helicopter rescue procedure
- ⊗ International collision regulations
- ⊗ Equipment and stores provisioning
- ⊗ Passage planning
- ⊗ Organisation of day and night watches
- ⊗ Navigation, chart work, tides and plotting
- ⊗ Adverse weather conditions and emergency situations
- ⊗ Maintenance and repair
- ⊗ Meteorology
- ⊗ Safe refuelling methods

Our students board our yacht at Kirribilli, at 8.45 am on each Saturday, concluding at 5.00pm on the following evening. Two nights are spent aboard the yacht providing valuable night sailing and watch time, and live aboard experience. Courses are usually run over 2 weekends with 3 theory evenings each of 3 hours duration during the intervening week. Alternatively, the course may be run over 5 consecutive days on request. All meals and snacks are provided for the live aboard sessions (excluding breakfast on the first day and dinner on the second day) and wet weather jackets are provided. On completion you will receive a Yachting Australia course completion certificate. Cost is \$1100 per person.

