



## Sailing School

### Accredited Yachting Australia Training Centre

Welcome to Eastcoast Sailing School. Yachting Australia accredited lessons with our friendly instructors will help you become more skilled and confident when you're out on the water.

Our Introduction to Sail, Competent Crew, Racing & Spinnaker, Inshore Skipper and Safety & Sea Survival courses are now available. Please contact us for more information or to book your place on 1300 883 023 or [info@eastcoastsailing.com.au](mailto:info@eastcoastsailing.com.au)

### Competent Crew

Build on your sailing skills and gain your certificate of competency so that you can enjoy cruising with others, or work towards sailing your own boat. Our Introduction to Sail certificate is highly recommended but not compulsory for those with some previous sailing experience. This is a challenging course full of vital information for working as an integral part of a team onboard any yacht. The course covers:

- ⚙ Knowledge of sea terms and parts of a yacht and rigging
- ⚙ Steering a compass course under sail and power
- ⚙ Man overboard recovery
- ⚙ Manners and customs
- ⚙ Meteorology
- ⚙ Basic engine checks
- ⚙ Sail handling and adjustment
- ⚙ Personal safety, fire prevention and fire fighting
- ⚙ Distress signals
- ⚙ Rules of the 'road'
- ⚙ Ropework
- ⚙ Anchoring

Our students board our yacht at Kirribilli at 8.45 am, returning at 3.45pm, for 2 of the 3 days, and students also have an opportunity to experience 3 hours of night sailing. Commencing and finishing times for the third day are subject to the timing of sunset at that particular time of year. Courses are usually run over 2 weekends and are also available as 3 consecutive days including weekends and weekdays. Students bring their own lunch, sunscreen and a hat is recommended. We will provide bottled water and wet weather jackets. On completion you will receive a Yachting Australia course completion certificate. Cost is \$660 per person.

